

## **LITHIUM CARE FLOWCHART**

**Lithium Initiation Preferably in Secondary Care.  
Psycho-education included**

**Patients added to Lithium Register in both  
Secondary Care and Primary Care  
Lithium Blood Results Copied to Primary Care**

### **Pathway 1**

Patient remains in Secondary Care for review and monitoring. Lithium blood monitoring results copied to Primary Care.\*

### **Pathway 2**

Patient remains in Secondary Care for review but, with agreement between GP and Secondary Care, monitoring passes to Primary Care. Lithium blood monitoring results copied to Secondary Care.\*

### **Pathway 3**

If patient stable or strong patient preference, with agreement between GP and Secondary Care, review and monitoring passes to Primary Care. Lithium blood monitoring results not copied to Secondary Care.\*

\*A communication proforma from secondary care to primary care will advise of the pathway the patient will follow and responsibilities for review and monitoring. Primary and secondary care Lithium registers should be updated using this information.