

Stroke presentation
Regional ICP workshop
Wednesday 27th May 2015

Dr John Winter, GP Lead (Ards ICP)

MDG planning and development

- 1) **Prevention of stroke in the community through;**
 - Lifestyle changes
 - Cholesterol and Blood Pressure lowering
 - Transient Ischaemic Attack – early intervention and risk lowering
 - AF screening and anticoagulation as needed

- 2) **From the onset of a stroke in the community**
 - FAST guidelines to be promoted
 - 999 ambulances, where to take the patient to, how quickly can they respond, deliver, and set up ED to get patient into scan asap?
 - ED scanning, thrombolysis, assessment by Stroke Consultant

Continued..

3) **Into the ward for;**

- Early assessment, intervention and rehab by all the team
- Early discharge planning consistent between all areas of the community
- Early discharge home if appropriate

4) **Community care at home;**

- Care, assessment, intensive rehabilitation, review and support
- Short, medium or long term support as needed

Early Supported Discharge project team

- 3 Physios



- 3 Occupational Therapists



- 5 Nurses



Continued...

- Admin
- Consultant
- Social worker
- Speech and language & Dietetics
- Podiatry and Orthoptics



Seven day working



- Targeted intensive rehabilitation for acute phase of recovery

90% admission to acute stroke unit



- Targeted intensive rehabilitation for acute phase of recovery

Increased percentage of thrombolysis



- Optimising onset to A&E time
- Optimising door to needle time
- Promoting FAST guidelines

SSNAP data monitoring



- Admin support to initiate formal data recording
- Regional and national performance comparison
- Driving quality improvement quality improvement

Prevention in community through

- AF screening



- TIA risk management

ABCD ² risk factor	Value	Score
Age	≥60 years	1
Blood pressure	Systolic >140 mmHg or diastolic >90 mmHg	1
Clinical symptoms	Unilateral weakness	2
	Speech disturbance without weakness	1
Duration of symptoms	>60 minutes	2
	10–59 minutes	1
Diabetes	Oral medication or insulin	1

- Lifestyle improvements and lowering risk factors



Multidisciplinary group



- Building relationships
- Primary and secondary care coordination
- Users/patients
- Carers
- Future progress