

Our Impact; Delivering joined up Person Centred Care

- **Identifying People At Risk Of
Developing Type 2 Diabetes;
Southern ICPs**

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#ICPchange



RISK CRITERIA

Testing (fasting plasma glucose AND HbA1c) in asymptomatic patients with 2 or more of the following risk factors for the development of diabetes:

- Past history of gestational diabetes
- Age >40 years
- BMI >30
- Pre-existing cardiovascular disease, including hypertension, Coronary Heart Disease (CHD), Cerebrovascular Disease (CVD), Peripheral Vascular Disease (PVD)
- Ethnicity (African/Caribbean/Asian origin)
- Dyslipidaemia (increase triglycerides, reduced HDL)
- Family history of diabetes in first degree relative

Encouraging people to have a risk assessment for type 2 diabetes and identifying those at risk (NICE PATHWAY 2016/preventing type 2 diabetes)

OUTCOMES

63

**GP Practices
signed up**

1591

**Face-to-face
assessments**

656

pre-diabetics

Estimated

18%

**of practice list
'at risk'**

Less than

4%

**of those at risk
received an
assessment**

142

**new diabetics
identified**

OUTCOMES

320

GP Practices
signed up

8000

Face-to-face
assessments

3000

pre-diabetics

Estimated

18%

of practice list
'at risk'

Less than

4%

of those at risk
received an
assessment

700

new diabetics
identified

WHAT THEY SAY...

“My GP has told me that I am pre-diabetic and this has changed my life. I feel that not enough resources are put in to educating the citizens of this and other illnesses. Waiting until I develop the illness is hopeless”

Patient and Client Council
Patients views on Diabetes
17 June 2016

“When patients seen the significance of the risk score sheet it prompted many of them to make lifestyle changes, which is a worth while cause”

GP view on Enhanced Service
May 2016