Our Impact; Delivering joined up Person Centred Care

• Identifying People At Risk Of Developing Type 2 Diabetes; Southern ICPs

Dr Barney McCoy; ICP Clinical Lead (South)

#ICPchange
RISK CRITERIA

Testing (fasting plasma glucose AND HbA1c) in asymptomatic patients with 2 or more of the following risk factors for the development of diabetes:

- Past history of gestational diabetes
- Age >40 years
- BMI >30
- Pre-existing cardiovascular disease, including hypertension, Coronary Heart Disease (CHD), Cerebrovascular Disease (CVD), Peripheral Vascular Disease (PVD)
- Ethnicity (African/Caribbean/Asian origin)
- Dyslipidaemia (increase triglycerides, reduced HDL)
- Family history of diabetes in first degree relative

Encouraging people to have a risk assessment for type 2 diabetes and identifying those at risk (NICE PATHWAY 2016/preventing type 2 diabetes)
GP Practices signed up: 63

Face-to-face assessments: 1591

Estimated of practice list ‘at risk’: 18%

Less than 4% of those at risk received an assessment

Pre-diabetics: 656

New diabetics identified: 142
320 GP Practices signed up

8000 Face-to-face assessments

3000 pre-diabetics

Estimated 18% of practice list ‘at risk’

Less than 4% of those at risk received an assessment

700 new diabetics identified
“My GP has told me that I am pre-diabetic and this has changed my life. I feel that not enough resources are put in to educating the citizens of this and other illnesses. Waiting until I develop the illness is hopeless”

Patient and Client Council
Patients views on Diabetes
17 June 2016

“When patients seen the significance of the risk score sheet it prompted many of them to make lifestyle changes, which is a worth while cause”

GP view on Enhanced Service
May 2016